

Autumn 1 Strand- Identity expectation and society				
	Unit overview	Key Concepts	Thrive Strand goals	RSE
Key Stage 1 Cycle A	In this unit pupil will learn- My Rights and Responsibilities The importance of rules How there are different rules for different situations Personal like and dislikes and what that means	<ul style="list-style-type: none"> To identify jobs and responsibilities they have at school. To explain the importance of following rules To know there are different rules for different situations To understand how rules enable them to feel safe and happy in school. To understand our likes and dislikes 	(Strand-power and identity) <ul style="list-style-type: none"> Develop a positive sense of self and understanding self and others Begin to develop an individual identity Discovering different roles and relationships with others. Understand the consequences of their behaviour and are familiar with social expectations. Acquiring information about the world, their bodies and their identity/role. 	
Key Stage 1 Cycle B	In this unit pupils will- Rights and Responsibility within society Belonging to a group and what that means Roles and responsibilities within different groups	<ul style="list-style-type: none"> To identify their role and responsibility within different groups To understand the roles and responsibility of trusted adults To explain roles of people who keep us safe To explore what it means to work as a team 		
Lower Key Stage 2 Cycle A	In this unit pupil will learn - Democracy Why we have/ abide by rules and laws How they keep us safe and what our rights and responsibilities are.	<ul style="list-style-type: none"> To explain the importance of following rules in the wider society Understand that Britain is a democratic society To understand what a law is To Understand that children have their own rights To learn about the local council and their role 	(Strand- Skills and Structure) <ul style="list-style-type: none"> Learn about their own and others' way of doing things; to develop new skills Take enjoyment in thinking about different ways of doing things and acquiring new skills 	
Lower Key Stage 2 cycle B	In this unit pupil will learn Community and belonging: Look at what it means to be part of a community inside and outside of school. Understand there are different groups within communities the need to help and shared	<ul style="list-style-type: none"> To explain The importance of rules within the classroom To understand the term belonging To identify different communities we belong to To discuss shared responsibility To discuss ways to help within the community 	<ul style="list-style-type: none"> Take enjoyment in difference and be curious about new experiences. Having appropriate responsibilities, understand the need for rules and regulations Giving thought to the values that underpin rules Identify strongly with peers 	

	responsibility to ensure their community thrives			
Upper Key Stage 2 Cycle A	In this unit pupils will: Understand their individual actions and how that effect the environment as well as express what they think and the responsibility they have to protect the environment.	<ul style="list-style-type: none"> To understand and explain why we have class rules To understand the importance of protecting the environment To explore what is meant by the term compassion To understand the impact we have on our environment To debate about who is responsible for protecting the environment 	(Strand- Skills and Structure) <ul style="list-style-type: none"> Learn about their own and others' way of doing things; to develop new skills Take enjoyment in thinking about different ways of doing things and acquiring new skills 	
Upper Key Stage 2 Cycle B	In this unit pupils will: Be able to value diversity and recognise and challenge prejudice, discrimination and stereotypes.	<ul style="list-style-type: none"> To understand and challenge stereotypes To know what the term diversity means To understand what prejudice is To discuss how to challenge discrimination 	<ul style="list-style-type: none"> Take enjoyment in difference and be curious about new experiences. Having appropriate responsibilities, understand the need for rules and regulations Giving thought to the values that underpin rules Identify strongly with peers 	

Autumn 2 Strand- Celebrating differences				
	Unit overview	Key Concepts	Thrive Strand goals	RSE
Key Stage 1 Cycle A	In this unit pupils will learn How people are different to them Different types of family and what family means to them What caring for others looks like	<ul style="list-style-type: none"> To discuss how we are the same and different To understand not everyone's family is the same To explain what family means to you To know what it means to care To discuss people who care for us 	(Strand-power and identity) <ul style="list-style-type: none"> Develop a positive sense of self and understanding self and others Begin to develop an individual identity Discovering different roles and relationships with others. Understand the consequences of their behaviour and are familiar with social expectations. Acquiring information about the world, their bodies and their identity/role. 	
Key Stage 1 Cycle B	In this unit pupils will learn: About what they have in common and how they are different. Understanding differences are okay and team work listening to others.	<ul style="list-style-type: none"> To identify differences between girls and boys To understand how they are different to others To compare differences within themselves To look at what it means to be unique To understand how difference help when working in a group 		
Lower Key Stage 2 Cycle A	In this unit pupils will learn: Recognise and respect different types of families, understand what being part of family looks like to them and how to manage upset or worry within the family looking at when and who to ask for help.	<ul style="list-style-type: none"> To recognise and respect all family types To know what it means to be part of your family To manage worry and upset within the family setting To know when to ask for help 	(Strand- Skills and Structure) <ul style="list-style-type: none"> Learn about their own and others' way of doing things; to develop new skills Take enjoyment in thinking about different ways of doing things and acquiring new skills 	
Lower Key Stage 2 cycle B	In this unit pupils will learn: To identify shared values and respect and embrace differences between people.	<ul style="list-style-type: none"> To understand what is meant by the term shared values To respect and embrace differences with others To compare our culture to others To respect and embrace how we are different 	<ul style="list-style-type: none"> Take enjoyment in difference and be curious about new experiences. Having appropriate responsibilities, understand the need for rules and regulations Giving thought to the values that underpin rules Identify strongly with peers 	

Upper Key Stage 2 Cycle A	<p>In this unit pupils will learn: That everyone has the right to be treated fairly and with respect. Understand that although we are different in race gender or sexuality we all have the right to our lifestyle identify and challenge discrimination both online and face to face.</p>	<ul style="list-style-type: none"> • To understand what fair treatment mean • Understand differences in race, gender and sexuality • To discuss the right to our choice of lifestyle • To identify and challenge face to face discrimination • To identify and challenge online discrimination 	<p>(Strand- Skills and Structure)</p> <ul style="list-style-type: none"> •Learn about their own and others' way of doing things; to develop new skills •Take enjoyment in thinking about different ways of doing things and acquiring new skills •Take enjoyment in difference and be curious about new experiences. 	
Upper Key Stage 2 Cycle B	<p>In this unit pupils will learn: The importance of respect for others culture and lifestyles. Whilst discussing the impact of discrimination and how to challenge it.</p>	<ul style="list-style-type: none"> • To understand and respect all cultures and lifestyles • To discuss the impact that discrimination can have on a person's life • To discuss the importance of challenging discrimination • To discuss our responsibility in challenging discrimination. 	<ul style="list-style-type: none"> •Having appropriate responsibilities, understand the need for rules and regulations •Giving thought to the values that underpin rules •Identify strongly with peers 	

Spring 1 Strand- Feelings and Friendships				
	Unit overview	Key Concepts	Thrive Strand goals	RSE
Key Stage 1 Cycle A	In this unit pupils will learn Understanding basic emotions what happens to our body when we feel like that Understand how others make us feel. Learn calming techniques	<ul style="list-style-type: none"> Understand what makes us happy and how we respond when we are happy Understand what makes us sad and how we respond when we are sad Understand what makes us worried or afraid and how we respond when we are worried and afraid Understand what makes us angry and how we respond when we are angry Learn how to self-regulate 	(Strand-power and identity) <ul style="list-style-type: none"> Develop a positive sense of self and understanding self and others Begin to develop an individual identity Discovering different roles and relationships with others. Understand the consequences of their behaviour and are familiar with social expectations. Acquiring information about the world, their bodies and their identity/role. 	
Key Stage 1 Cycle B	In this unit pupils will learn: About different emotions we may feel when making and maintaining friendships.	<ul style="list-style-type: none"> To understand what it means to be a good friend To identify positive play within friendship How to manage falling out with friends To learn ways to resolve disputes between friends To know when to ask for help 		
Lower Key Stage 2 Cycle A	In this unit pupils will learn: Understand and recognising respectful behaviour with a focus on including and helping others and being tolerant of different cultures and life choices	<ul style="list-style-type: none"> To identify ways in which we help others To discuss what is meant by the term self-respect To understand the importance of showing respect to others To be tolerant and respectful of different cultures To be tolerant and respectful of other lifestyle choices 	(Strand- Skills and Structure) <ul style="list-style-type: none"> Learn about their own and others' way of doing things; to develop new skills Take enjoyment in thinking about different ways of doing things and acquiring new skills 	

Lower Key Stage 2 cycle B	<p>In this unit pupils will learn: What a healthy and positive friendship is and how to build positivity in your friendship. Differences between a face to face friendship and an online one.</p>	<ul style="list-style-type: none"> • To explain what a healthy friendship is • To identify traits of an unhealthy friendship • To discuss how to build healthy friendships • To compare face to face friendships to those formed online • To share your worries about friendships 	<ul style="list-style-type: none"> •Take enjoyment in difference and be curious about new experiences. •Having appropriate responsibilities, understand the need for rules and regulations •Giving thought to the values that underpin rules •Identify strongly with peers 	
Upper Key Stage 2 Cycle A	<p>In this unit pupils will learn: To recognise what a healthy friendship looks like, that peer pressure can cause people to act and feel a certain way. Identify challenges and appropriate ways to resolve these.</p>	<ul style="list-style-type: none"> • To explain traits of a healthy friendship • To understand the impact of peer pressure • To discuss ways to identify and challenge peer pressure • To accept changes within friendships • To identify when a friendship is unhealthy and feels unsafe 	<p>(Strand- Skills and Structure)</p> <ul style="list-style-type: none"> •Learn about their own and others' way of doing things; to develop new skills •Take enjoyment in thinking about different ways of doing things and acquiring new skills 	
Upper Key Stage 2 Cycle B	<p>In this unit pupils will learn: What it means to have a health min, the importance of looking after your mental health and strategies to cope when things are difficult.</p>	<ul style="list-style-type: none"> • To understand that we all have mental health • To look at what is meant by ill mental health • To discuss the stigma around mental health • To discuss strategies to looking after your mental health • To identify what mental health means to you 	<ul style="list-style-type: none"> •Take enjoyment in difference and be curious about new experiences. •Having appropriate responsibilities, understand the need for rules and regulations •Giving thought to the values that underpin rules •Identify strongly with peers 	

Spring 2 Strand- Keeping Safe and Managing Risk				
	Unit overview	Key Concepts	Thrive Strand goals	RSE
Key Stage 1 Cycle A	In this unit pupils will learn Identify dangers that are real/imaginary Understand what personal safety looks like How to keep ourselves safe outside of the house	<ul style="list-style-type: none"> To be able to identify dangers to our safety To understand how to keep ourselves safe everyday To explain how to keep safe outdoors To identify dangers that are real or imaginary 	(Strand-power and identity) <ul style="list-style-type: none"> Develop a positive sense of self and understanding self and others Begin to develop an individual identity Discovering different roles and relationships with others. Understand the consequences of their behaviour and are familiar with social expectations. Acquiring information about the world, their bodies and their identity/role. 	
Key Stage 1 Cycle B	In this unit pupils will learn Identify risk in different environments including risk and safety at home. Understand what to do in an emergency	<ul style="list-style-type: none"> To identify risks in everyday situations To discuss what unsafe situations could be To understand how to be safe at home To understand how to keep our bodies safe To know what to do in an emergency 		
Lower Key Stage 2 Cycle A	In this unit pupils will learn: Hazards in our everyday life, the importance of rules that are there to keep us safe	<ul style="list-style-type: none"> To identify hazards at home and at school To understand how to manage everyday risk To discuss fire safety To look at rules that keep us safe To describe how we can keep ourselves safe 	(Strand- Skills and Structure) <ul style="list-style-type: none"> Learn about their own and others' way of doing things; to develop new skills Take enjoyment in thinking about different ways of doing things and acquiring new skills 	
Lower Key Stage 2 cycle B	In this unit pupils will learn: What the term drug is recognise that everyday drugs are common. The negative and positive of drug use and where to go if you need support.	<ul style="list-style-type: none"> To explain how to safely use medicines and everyday drugs To discuss health and everyday drug use To explain common side effects and risks of drug use To understand that drug use can become a habit To know when someone may need help and support around drug use 	<ul style="list-style-type: none"> Take enjoyment in difference and be curious about new experiences. Having appropriate responsibilities, understand the need for rules and regulations Giving thought to the values that underpin rules Identify strongly with peers 	

Upper Key Stage 2 Cycle A	<p>In this unit pupils will learn: Recognising both face to face and online situations that are unsafe look at positive risks and how these are very different to dangerous behaviour and look at how to respond in an emergency as well as report unsafe behaviour.</p>	<ul style="list-style-type: none"> • To be able to recognise unsafe situations • To distinguish between a positive and dangerous risk • To understand basic first aid • To recall the steps that should be taken in the case of an emergency • To know what is meant by FGM 	<p>(Strand- Skills and Structure)</p> <ul style="list-style-type: none"> •Learn about their own and others' way of doing things; to develop new skills •Take enjoyment in thinking about different ways of doing things and acquiring new skills •Take enjoyment in difference and be curious about new experiences. 	
Upper Key Stage 2 Cycle B	<p>In this unit pupils will learn: Understand how age ratings keep them safe the importance of understanding our personal data information and what not to share as well as building up independent risk assessment skills to weigh up and manage risks accordingly.</p>	<ul style="list-style-type: none"> • To understand that some data is personal and should not be shared • To understand how age ratings are there to keep you safe • To be able to assess the level of risk in a given situation • To learn how to weigh up and manage risks accordingly 	<ul style="list-style-type: none"> •Having appropriate responsibilities, understand the need for rules and regulations •Giving thought to the values that underpin rules •Identify strongly with peers 	

	Unit overview	Key Concepts	Thrive Strand goals	RSE
Key Stage 1 Cycle A	In this unit pupils will learn Recognise privacy and understand how to keep ourselves safe and understanding the importance of asking permission	<ul style="list-style-type: none"> To identify people you trust To understand what makes us feel safe around others To recognise and respect privacy To understand the importance of asking permission 	(Strand-power and identity) <ul style="list-style-type: none"> Develop a positive sense of self and understanding self and others Begin to develop an individual identity Discovering different roles and relationships with others. Understand the consequences of their behaviour and are familiar with social expectations. Acquiring information about the world, their bodies and their identity/role. 	
Key Stage 1 Cycle B	In this unit pupils will learn How to recognise and deal with hurtful behaviour, understand all forms of bullying and how it can make people feel	<ul style="list-style-type: none"> To recognise hurtful behaviour To understand what is meant by the term bullying To discuss how bullying can make people feel To understand the difference between a surprise and a secret To know when and how to ask for help 		
Lower Key Stage 2 Cycle A	In this unit pupils will learn: About what they should and shouldn't share. What is meant by the term personal boundary and what privacy means to them. Explore the effects and hurt bullying has.	<ul style="list-style-type: none"> To know what is and isn't appropriate to share To understand what is meant by the term personal boundaries To recognise ways to keep ourselves safe online To discuss the effect and consequences of bullying To understand how bullying can occur online 	(Strand- Skills and Structure) <ul style="list-style-type: none"> Learn about their own and others' way of doing things; to develop new skills Take enjoyment in thinking about different ways of doing things and acquiring new skills 	
Lower Key Stage 2 cycle B	In this unit pupils will learn: Recognising differences between teasing and hurtful behaviour and dares and peer pressure. Discussing online presence and bullying.	<ul style="list-style-type: none"> To recognise the difference between playful and hurtful teasing To discuss what a by stander is To recognise the difference between a dare and peer pressure To understand when sharing a secret is important To discuss what an online identity is and how to behave online 	<ul style="list-style-type: none"> Take enjoyment in difference and be curious about new experiences. Having appropriate responsibilities, understand the need for rules and regulations Giving thought to the values that underpin rules Identify strongly with peers 	

Upper Key Stage 2 Cycle A	<p>In this unit pupils will learn:</p> <p>What is meant by acceptable physical touch that is age appropriate as well as the importance of consent and what to do in you are feeling uncomfortable with unwanted physical contact or being asked to keep a secret.</p>	<ul style="list-style-type: none"> • To distinguish what is meant by acceptable physical touch • To understand the importance of consent • To recognise when you a feeling uncomfortable and what to do • Understand what to do if you are given unwanted physical contact • To know who to go to for help if someone asks you to keep a secret 	<p>(Strand- Skills and Structure)</p> <ul style="list-style-type: none"> •Learn about their own and others' way of doing things; to develop new skills •Take enjoyment in thinking about different ways of doing things and acquiring new skills •Take enjoyment in difference and be curious about new experiences. 	
Upper Key Stage 2 Cycle B	<p>In this unit pupils will learn:</p> <p>There are different types of relationships</p>	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •Having appropriate responsibilities, understand the need for rules and regulations •Giving thought to the values that underpin rules •Identify strongly with peers 	

Summer 2 Strand- Managing and Embracing Change				
	Unit overview	Key Concepts	Thrive Strand goals	RSE
Key Stage 1 Cycle A	In this unit pupils will learn about: What makes them special and unique Look at change and loss Dreams and wishes for the future (moving year)	•	(Strand-power and identity) • Develop a positive sense of self and understanding self and others •Begin to develop an individual identity •Discovering different roles and relationships with others. •Understand the consequences of their behaviour and are familiar with social expectations. •Acquiring information about the world, their bodies and their identity/role.	
Key Stage 1 Cycle B	In this unit pupils will learn about: Growing older naming body parts Dreams and wishes for the future (moving year)	•		
Lower Key Stage 2 Cycle A	In this unit pupils will learn about: Growing and changing personal identity showing how to overcome challenges to our self-worth and be a resilient individual. Dreams and wishes for the future (moving year)	•	(Strand- Skills and Structure) •Learn about their own and others' way of doing things; to develop new skills •Take enjoyment in thinking about different ways of doing things and acquiring new skills	

<p>Lower Key Stage 2 cycle B</p>	<p>In this unit pupils will learn about: Class choice. Dreams and wishes for the future (moving year)</p>	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •Take enjoyment in difference and be curious about new experiences. •Having appropriate responsibilities, understand the need for rules and regulations •Giving thought to the values that underpin rules •Identify strongly with peers 	
<p>Upper Key Stage 2 Cycle A</p>	<p>In this unit pupils will learn about: (year 5) Discuss changes mentally and physically that occur during puberty Dreams and wishes for the future (moving year)</p>	<ul style="list-style-type: none"> • 	<p>(Strand- Skills and Structure)</p> <ul style="list-style-type: none"> •Learn about their own and others' way of doing things; to develop new skills •Take enjoyment in thinking about different ways of doing things and acquiring new skills 	
<p>Upper Key Stage 2 Cycle B</p>	<p>In this unit pupils will learn about: (year 6) How a baby is made through sexual reproduction Transition work, preparing them for high school.</p>	<ul style="list-style-type: none"> • 	<ul style="list-style-type: none"> •Take enjoyment in difference and be curious about new experiences. •Having appropriate responsibilities, understand the need for rules and regulations •Giving thought to the values that underpin rules •Identify strongly with peers 	