

	Autumn 1: Identity and Expectation	Autumn 2: Celebrating Differences	Spring 1: Feelings and Friendship	Spring 2: Keeping safe and Managing Risk	Summer 1: Healthy Relationships	Summer 2 : Managing and Embracing Change
Year 1	What rules are; caring for others’ needs; looking after the environment	Roles of different people; families; feeling cared for	Basic feelings Path sessions	How rules and age restrictions help us; keeping safe online	Recognising privacy; staying safe; seeking permission	Recognising what makes them unique and special; feelings; managing when we experience change and loss
Year 2	Belonging to a group; roles and responsibilities; being the same and different in the community	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Making friends; feeling lonely and getting help	Safety in different environments; risk and safety at home; emergencies	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Growing older; naming body parts; moving class or year
Year 3	The value of rules and laws; rights, freedoms and responsibilities	What makes a family; features of family life	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Risks and hazards; safety in the local environment and unfamiliar places	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Personal strengths and achievements; managing and re-framing setbacks
Year 4	What makes a community; shared responsibilities	Respecting differences and similarities; discussing difference sensitively	Managing friendships and peer influence	Medicines and household products; drugs common to everyday life	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Moving up into year 5 upper Key stage worries and goal setting
Year 5	Protecting the environment; compassion towards others	Personal identity; recognising individuality and different qualities; mental wellbeing	Physical contact and feeling safe	Keeping safe in different situations, including responding in emergencies, first aid and influence of media in today’s society	Recognising and managing pressure; consent in different situations	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty
Year 6	Valuing diversity; challenging discrimination and stereotypes	Responding respect-fully to a wide range of people; recognising prejudice and discrimination	Expressing opinions and respecting other points of view ,including discussing topical issues	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	Attraction to others; romantic relationships; civil partnership and marriage	Human reproduction and birth; increasing independence; managing transition

		Year one A Medium term plan		
Term	Topic – Highlighted are key aspects of Thrive for Power and Identity	Key concepts looked at in this unit	Key tasks of a child at Power and Identity 3-7 years	Resources
Autumn 1: Identity and expectation	In this unit pupil will learn- The importance of rules How there are different rules for different situations Personal like and dislikes and what that means	- Rules at school - Class rules - Home rules - Rules and feelings - Myself likes and dislikes(Teacher's choice)	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their behaviour and are familiar with social expectations. - Acquiring information about the world, their bodies and their identity/role.	
Autumn 2: Celebrating differences	In this unit pupils will learn How people are different to them Different types of family and what family means to them What caring for others looks like	- Me and others - Family and me - Caring for other - Being cared for	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their behaviour and are familiar with social expectations. - Acquiring information about the world, their bodies and their identity/role.	
Spring 1: Feelings and Friendship	In this unit pupils will learn Understanding basic emotions what happens to our body when we feel like that Understand how others make us feel. Learn calming techniques	- Happy - Sad - Worried/afraid - Angry - Calm and able to relax	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their behaviour and are familiar with social expectations. - Acquiring information about the world, their bodies and their identity/role.	
Spring 2: Keeping Safe and Managing Risk	In this unit pupils will learn Identify dangers that are real/imaginary Understand what personal safety looks like How to keep ourselves safe outside of	- Dangers to our safety - How to keep ourselves safe - Keeping safe outdoors	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their	

	the house Who we trust to keep us safe	• Keeping safe online • People who keep us safe	behaviour and are familiar with social expectations. • Acquiring information about the world, their bodies and their identity/role.	
Summer 1: Healthy Relationships	In this unit pupils will learn Recognise privacy and understand how to keep ourselves safe and understanding the importance of asking permission	• Trust • What makes you feel safe around others • Respecting privacy • Seeking permission	• Develop a positive sense of self and understanding self and others • Begin to develop an individual identity • Discovering different roles and relationships with others. • Understand the consequences of their behaviour and are familiar with social expectations. • Acquiring information about the world, their bodies and their identity/role.	
Summer 2: managing and embracing change	In this unit pupils will learn about: What makes them special and unique Look at change and loss Dreams and wishes for the future (moving year)	• Being unique • Change and excitement • Change and loss • Dreams and goals	• Develop a positive sense of self and understanding self and others • Begin to develop an individual identity • Discovering different roles and relationships with others. • Understand the consequences of their behaviour and are familiar with social expectations. • Acquiring information about the world, their bodies and their identity/role.	

		Year Two Medium term plan		
Term	Topic – Highlighted are key aspects of Thrive for Power and Identity	Key concepts looked at in this unit	Key tasks of a child at Power and Identity 3-7 years	Resources
Autumn 1: Identity and expectation	In this unit pupils will: Belonging to a group and what that means Roles and responsibilities within different groups	- Class Rules - Roles within a group - Roles and responsibility at school - Roles and responsibility at home - Responsibility to the environment	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their behaviour and are familiar with social expectations. - Acquiring information about the world, their bodies and their identity/role.	
Autumn 2: Celebrating differences	In this unit pupils will learn: About what they have in common and how they are different. Understanding differences are okay and team work listening to others.	- Boys girls and family - What we have in common - We are all different - Working as a team - Sharing your opinion	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their behaviour and are familiar with social expectations. - Acquiring information about the world, their bodies and their identity/role.	
Spring 1: Feelings and Friendship	In this unit pupils will learn: About different emotions we may feel when making and maintaining friendships.	- Being a good friend - Positive play within friendship - Falling out with friendship - Resolving fall outs - Asking for help	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their behaviour and are familiar with social expectations. - Acquiring information about the world, their bodies and their identity/role.	
Spring 2: Keeping Safe and Managing Risk	In this unit pupils will learn Identify risk in different environments including risk and safety at home. Understand what to do in an emergency	- Risks in everyday situations - Unsafe situations - Safety at home - What we put into and on our bodies - Emergency	- Develop a positive sense of self and understanding self and others - Begin to develop an individual identity - Discovering different roles and relationships with others. - Understand the consequences of their behaviour and are familiar with social expectations. - Acquiring information about the world, their bodies and their identity/role.	

Summer 1: Healthy Relationships	In this unit pupils will learn How to recognise and deal with hurtful behaviour, understand all forms of bullying and how it can make people feel	• Hurt • Bullying- what is it? • Bullying- How it makes you feel • Surprise vs secret • Asking for help	• Develop a positive sense of self and understanding self and others • Begin to develop an individual identity • Discovering different roles and relationships with others. • Understand the consequences of their behaviour and are familiar with social expectations. • Acquiring information about the world, their bodies and their identity/role.	
Summer 2: managing and embracing change	In this unit pupils will learn about: Growing older naming body parts Dreams and wishes for the future (moving year)	• Young to old • Growing up • Change to our bodies • Dreams and goals	• Develop a positive sense of self and understanding self and others • Begin to develop an individual identity • Discovering different roles and relationships with others. • Understand the consequences of their behaviour and are familiar with social expectations. • Acquiring information about the world, their bodies and their identity/role.	

		Year Three Medium term plan		
Term	Topic – Highlighted are key aspects of Thrive for Skills & Structure	Key concepts looked at in this unit	Key tasks of a child at Skills & Structure 7-11 years old	Resources
Autumn 1: Identity and expectation	In this unit pupils will: Why we have/ abide by rules and laws How they keep us safe and what our rights and responsibilities are.	• Class Rules • Why we have rules and Laws in the wider world • Following rules • Basic human rights • My rights and responsibilities	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
Autumn 2: Celebrating differences	In this unit pupils will learn: Recognise and respect different types of families, understand what being part of family looks like to them and how to manage upset or worry within the family looking at when and who to ask for help.	• Family is family • Being part of a family • Family care and support • Family worry and upset • Asking for help	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
Spring 1: Feelings and Friendship	In this unit pupils will learn: Understand and recognising respectful behaviour with a focus on including and helping others and being tolerant of different cultures and life choices	• Helping and including others • Self-respect • Respect for others • Respect for different communities	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities,	

			understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
Spring 2: Keeping Safe and Managing Risk	In this unit pupils will learn: Hazards in our everyday life, the importance of rules that are there to keep us safe	• Identify Hazards at home and school • Managing everyday risks • Fire Safety • Safety rules made by others • Keep myself safe	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
Summer 1: Healthy Relationships	In this unit pupils will learn: About what they should and shouldn't share. What is meant by the term personal boundary and what privacy means to them. Explore the effects and hurt bullying has.	• Appropriate to share • Personal boundaries • Online safety • Bullying effect and consequences • Bullying online	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
Summer 2: managing and embracing change	In this unit pupils will learn about: Growing and changing personal identity showing how to overcome challenges to our self-worth and be a resilient individual. Dreams and wishes for the future (moving year)	• Being unique • Strengths and interests • Challenges • Manage when things go wrong • Dreams and wishes	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be	

			curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
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		Year Four Medium term plan		
Term	Topic – Highlighted are key aspects of Thrive for Skills & Structure	Key concepts looked at in this unit	Key tasks of a child at Skills & Structure 7-11 years old	Resources
Autumn 1: Identity and expectation	In this unit pupils will: Look at what it means to be part of a community inside and outside of school. Understand there are different groups within communities the need to help and shared responsibility to ensure their community thrives	• Class Rules • Belonging to a community • Different groups within a community • Helping the community • People in need	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
Autumn 2: Celebrating differences	In this unit pupils will learn: To identify shared values and respect and embrace differences between people.	• How are we different? • Shared values • Respecting differences • Addressing differences • I am different and that is okay	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
Spring 1: Feelings and Friendship	In this unit pupils will learn: What a healthy and positive friendship is and how to build positivity in your friendship. Differences between a face to face friendship and an online one.	• Positive friendship • Identifying unhealthy friendships • Building friendships • Online friendships • Sharing your worries	• Learn about their own and others' way of doing things; to develop new skills • Take enjoyment in thinking about different ways of doing things and acquiring new skills • Take enjoyment in difference and be curious about new experiences. • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that	

			underpin rules Identify strongly with peers	
Spring 2: Keeping Safe and Managing Risk	In this unit pupils will learn: What the term drug is recognise that everyday drugs are common. The negative and positive of drug use and where to go if you need support.	- Safe use of medicine and everyday drugs - Everyday drug use and health - Side effects and risk of drug use - Habits and drug use - Help and support	- Learn about their own and others' way of doing things; to develop new skills - Take enjoyment in thinking about different ways of doing things and acquiring new skills - Take enjoyment in difference and be curious about new experiences. - Having appropriate responsibilities, understand the need for rules and regulations - Giving thought to the values that underpin rules - Identify strongly with peers	
Summer 1: Healthy Relationships	In this unit pupils will learn: Recognising differences between teasing and hurtful behaviour and dares and peer pressure. Discussing online presence and bullying.	- Playful vs hurtful teasing - Bullying- Bystander - Dares vs peer pressure - Sharing a secret - Online identity and behaviour	- Learn about their own and others' way of doing things; to develop new skills - Take enjoyment in thinking about different ways of doing things and acquiring new skills - Take enjoyment in difference and be curious about new experiences. - Having appropriate responsibilities, understand the need for rules and regulations - Giving thought to the values that underpin rules - Identify strongly with peers	
Summer 2: managing and embracing change	In this unit pupils will learn about: Class choice. Dreams and wishes for the future (moving year)		- Learn about their own and others' way of doing things; to develop new skills - Take enjoyment in thinking about different ways of doing things and acquiring new skills - Take enjoyment in difference and be curious about new experiences. - Having appropriate responsibilities, understand the need for rules and	

			regulations • Giving thought to the values that underpin rules • Identify strongly with peers	
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		Year Five Medium term plan		
Term	Topic – Highlighted are key aspects of Thrive for Skills & Structure into Separation & Sexuality	Key concepts looked at in this unit	Key tasks of a child at Skills & Structure/Separation & Sexuality 7-11 years old	Resources
Autumn 1: Identity and expectation	In this unit pupils will: Understand their individual actions and how that effect the environment as well as express what they think and the responsibility they have to protect the environment.	• Class Rules • Protecting the environment • Compassion • Environment and me • Opinions and responsibilities	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences.	
Autumn 2: Celebrating differences	In this unit pupils will learn: That everyone has the right to be treated fairly and with respect. Understand that although we are different in race gender or sexuality we all have the right to our lifestyle identify and challenge discrimination both online and face to face.	• Equality • Understanding others • Types of discrimination • Challenge Bullying • Challenge discrimination	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences.	
Spring 1: Feelings and Friendship	In this unit pupils will learn: To recognise what a healthy friendship looks like, that peer pressure can cause people to act and feel a certain way. Identify challenges and appropriate ways to resolve these.	• A Healthy friendship • Peer pressure • Challenge and resolution • Changes in a friendship • Feeling unsafe	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences	

Spring 2: Keeping Safe and Managing Risk	In this unit pupils will learn: Recognising both face to face and online situations that are unsafe look at positive risks and how these are very different to dangerous behaviour and look at how to respond in an emergency as well as report unsafe behaviour.	• Unsafe situations • Positive risk vs dangerous behaviour • First Aid • Responding to an Emergency • FGM	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences.	
Summer 1: Healthy Relationships	In this unit pupils will learn: What is meant by acceptable physical touch that is age appropriate as well as the importance of consent and what to do in you are feeling uncomfortable with unwanted physical contact or being asked to keep a secret.	• Physical touch • Consent • Feeling uncomfortable • Unwanted physical contact • Secrets	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences. • They are developing an understanding of sexual identity	
Summer 2: managing and embracing change	In this unit pupils will learn about: (year 5) Discuss changes mentally and physically that occur during puberty Dreams and wishes for the future (moving year)	(Year 5 focus) • Puberty- emotional change • Puberty- physical change • Managing changes in puberty • Personal challenges • Seeking support	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences. • They are developing an understanding of sexual identity	

		Year six Medium term plan		
Term	Topic – Highlighted are key aspects of Thrive for Skills & Structure into Separation & Sexuality	Key concepts looked at in this unit	Key tasks of a child at Skills & Structure/Separation & Sexuality 7-11 years old	Resources
Autumn 1: Identity and expectation	In this unit pupils will: Be able to value diversity and recognise and challenge prejudice, discrimination and stereotypes.	• Class Rules • Prejudice vs discrimination • Recognise and challenge discrimination • Stereotypes • Challenge stereotypes	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences	
Autumn 2: Celebrating differences	In this unit pupils will learn: The importance of respect for others culture and lifestyles. Whilst discussing the impact of discrimination and how to challenge it.	• Equality • Challenging discrimination online • Impact of discrimination • Differences in lifestyle • respect	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences	
Spring 1: Feelings and Friendship	In this unit pupils will learn: What it means to have a health min, the importance of looking after your mental health and strategies to cope when things are difficult.	• Mental health • Affect and coping with ill mental health • Stigma around mental health • Looking after your mental health • Mental health and Me	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive	

			experiences of being an individual and being independent, taking enjoyment in differences	
Spring 2: Keeping Safe and Managing Risk	In this unit pupils will learn: Understand how age ratings keep them safe the importance of understanding our personal data information and what not to share as well as building up independent risk assessment skills to weigh up and manage risks accordingly.	• Personal data • Age ratings • Risk of drug use • Assessing the level • Managing the risk	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences.	
Summer 1: Healthy Relationships	In this unit pupils will learn: There are different types of relationships	• Attraction • Healthy relationship • Ways to show love • Gender identity • Sexual orientation	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences. • They are developing an understanding of sexual identity	
Summer 2: managing and embracing change	In this unit pupils will learn about: (year 6) How a baby is made through sexual reproduction Transition work, preparing them for high school.	(Year 6 focus) • Human reproduction • Independence • Worry and risk • Making the change • Seeking support	• Learn about their own and others' way of doing things; to develop new skills • Having appropriate responsibilities, understand the need for rules and regulations • Giving thought to the values that underpin rules • Learn about independence and	

			interdependence; is having positive experiences of being an individual and being independent, taking enjoyment in differences. • They are developing an understanding of sexual identity	
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