

Thrive Strands

Strand	Key Task	Interruption Descriptor	Adult Role	Positive Descriptor
Being 0-6 months	The key task for the child is to have a positive experience of dependency and move on to the next.	<ul style="list-style-type: none"> • Timid, withdrawn, fears change • Out of touch with needs • Repetitive oral behaviours • Easily distracted 	The adults around them offering positive dependency, meditating and most importantly being the regulator for the child.	<ul style="list-style-type: none"> • Confident appropriate trusting • Receptive to new experiences and relationships • Awareness of needs
Doing 6 – 18 months	The key task for the child is to be create and explore.	<ul style="list-style-type: none"> • Passive, hangs back • Unable to settle or focus • Extreme responses 	Adults moving alongside being a co-adventurer in the world and emotion keeping that regulating role.	<ul style="list-style-type: none"> • Curious and create • Seeks stimulation and sensory experiences • Enjoys investigation
Thinking 18 months – 3 years	The key task for the child is to develop cause and effect, problem solving, knowing feelings and begin to understand appropriately expressing them.	<ul style="list-style-type: none"> • Oppositional (acts tough) • Directs others/over reacts • Demanding or powerless 	This is where the adult moves into being a co-creator support in developing of meaning and offering safe experiences to express, lending their own thinking brain.	<ul style="list-style-type: none"> • Names, expresses, handles feelings • Understands cause and effect • Thinks for themselves
Power & Identity 3 –7 years	The key task for the child is to positive sense of self, understand self and others.	<ul style="list-style-type: none"> • Threatening • Low self esteem • Uses reputation to bolster self 	The adult here will be consistent, act as facilitator for learning behaviour and distinguishing between fantasy and reality.	<ul style="list-style-type: none"> • Positive sense of self • Practises different roles • Understands consequence and context

Skills & Structure 7 – 11 years	The Key task for the child is develop new skills, developing understanding of how they do things and ways others do things, and learning expectation and tolerance.	<ul style="list-style-type: none"> • Anti-authority • Mismatch of expectations to skills • Over casual 	The adult offers extensions of skills with experiences and people whilst acting as role model for values exploration.	<ul style="list-style-type: none"> • Enjoys diversity. Difference, learning • Internal and external structure, values, rules
Separation & Sexuality 11-18 years	The key task for the child is to develop and learn independence and interdependence.	<ul style="list-style-type: none"> • Inappropriate risk taking • Poor relationships • Not willing to separate • Addictive, abusive, self-harming behaviours 	The adult becomes a secure base for the child to leave and return to as needed offering information, value and support.	<ul style="list-style-type: none"> • Individual and periods of independence • Developing a confident sexual identity. • Engages with opportunities and challenges